

# HCY Stingrays Swimming

## 2008-09 North NJ YMCA Dual Meet Schedule Boys "A" Team

It is expected that every swimmer will attend these dual meets – Coach Barbara must be notified in writing if you have a serious conflict. If your swimmer is ill as of Friday night or Saturday morning, please be sure to call and leave a message any time day or night @ 782-1044, ext 655. Thank you!

Bus departure times (from HCY), warm-up times and arrival times to RVCC or HCY are indicated below. All swimmers are expected to take the bus to away meets. Any exceptions need to be cleared with a coach.

### North NJ YMCA Dual Meets

<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Times</u>
Oct 25	Ocean County Y	@ OCY	Bus Leaves: 11:30 AM Warm-up: 1:00 PM Start: 1:30 PM
Nov 8	Raritan Valley Y	@ John Witherspoon Middle School	Bus Leaves: 11:45 AM Warm-up: 1:00 PM Start: 1:30 PM
Nov 15	West Morris Y	RVCC (Home)	Arrive @ RVCC: 8:15 AM Warm-up: 8:30 AM Start: 9:00 AM
Nov 22	Summit Y	RVCC (Home)	Arrive @ RVCC: 2:45 PM Warm-up: 3:00 PM Start: 3:30 PM
Jan 17	Raritan Valley Y	RVCC (Home)	Arrive @ RVCC: 2:45 PM Warm-up: 3:00 PM Start: 3:30 PM
Jan 24	West Morris Y	@ WMY	Bus Leaves: 1:45 PM Warm-up: 3:00 PM Start: 3:30 PM

(updated 11-3-08)