

Y CERTIFICATIONS™

We build strong kids, strong families, strong communities.

YMCA CERTIFICATION COURSES AT DEER PATH

RED CROSS LIFEGUARD COURSE

Upon successful completion of a practical and written exam, students will receive the four certifications required to be legally eligible for lifeguard employment.



- **CPR for the Professional Rescuer (1-Year Certification)**
- **First Aid for Lifeguarding (3-Year Certification)**
- **Red Cross Lifeguarding Certification (3-Year Certification)**
- **AED and Oxygen (1-Year Certification)**

All books, certification fees, and pocket mask included. Students must be 15 by end of course and must take a prerequisite swim test during the first class to qualify for course.

Lifeguard swim pre-test on first day: Swim 300 yards using front crawl and breast stroke, surface dive and recover a 10lb. brick from 7-10 ft. depth and swim 20 yards while carrying the brick. Students must attend all classes.

Course I: Sundays 9:00 am - 5:00 pm
Sept. 21, Sept. 28, Oct. 5, Oct. 19

Course II:
Oct. 26, Nov. 2, Nov. 9, Nov. 16

Family Full Member: \$245
Full Member: \$255
Program Member: \$278
Non Member: \$294



LIFEGUARD CHALLENGE

A recertification course for Red Cross Lifeguards. Includes CPR. No books or supplies provided. Students must pass written and practical tests. No review will be given, please come prepared.

Sunday, Oct. 19 1:00-5:00 pm or
Sunday, Nov. 16 1:00-5:00 pm or

Family Full Member: \$98
Full Member: \$115
Program Member: \$136
Non Member: \$152

CPR FOR THE PROFESSIONAL RESCUER (WITH AED AND OXYGEN)



Full Course Option

For those who have not been certified in the new Red Cross material.

Sunday, Sept. 28 9:00 am - 5:00 pm or
Sunday, Nov. 2 9:00 am - 5:00 pm or

Family Full Member: \$67
Full Member: \$77
Program Member: \$88
Non Member: \$96



Challenge Option

This course is only available to those certified in the new material presented in 2007. Come prepared for a written and practical test - please bring your pocket mask.

Sunday, Sept. 28 1:00 - 5:00 pm or
Sunday, Nov. 2 1:00 - 5:00 pm or

Family Full Member: \$42
Full Member: \$52
Program Member: \$60
Non Member: \$67

SCUBA DIVING

Learn the necessary skills for a certification in scuba diving with the most up to date equipment and methods. Orientation is free and equipment is provided on the first night.

Monday 7:00 pm -10:00 pm
FEE: \$415



For information or to register, call
Whitehouse Aquatic Center at 908-534-4090.

SCOUT BADGES

Scout members will be guided through specific scouting requirements to earn aquatic badges or pins (provided by scout leader). Minimum 8 scouts. \$10 per scout. Fee includes pool space and instruction.

To schedule, call Flora Briechele, Aquatics Director at 908.782.1044 ext. 624.

QUESTIONS? Call Flora Briechele, Aquatics Director at 908.782.1044 x624