

## SWIM, SPORTS AND PLAY

### Dance and Gymnastics at Deer Path

#### Parent/Child Dance Class

2-4 years with parent  
Help your little one begin an exciting journey into the world of dance.  
Thursday 11:15 am - 12:00 pm

#### Pre-Ballet

3-4 years  
A wonderful introduction to the joy of dance for children with no experience. Combines the basics of ballet and creative movement.  
Monday 12:45-1:30 pm  
Wednesday 10:30-11:15 am  
Wednesday 4:00-5:00 pm

#### Ballet I/Tap

4-6 years  
This class is designed for beginner level ballerinas that have some ballet experience from either Pre-Ballet class or another exposure.  
Monday 1:30-2:30 pm  
Monday 5:00-6:00 pm  
Wednesday 1:00-2:00 pm  
Thursday 4:00-5:00 pm

#### Ballet II/Tap

6-8 year olds  
This class is a continuation of Ballet I (or other similar class) with focus on building a combination of moves and small routines.  
Thursday 5:00-6:00 pm

Proper attire required for ballet - leotard, tights and ballet slippers.

#### Jazzy Kids

4-6 years  
This class touches on various disciplines including ballet, jazz, hip-hop, and rhythmic dance. Attire should be comfortable clothing for lots of movement.  
Thursday 1:45-2:45 pm

#### Jammin Gym Babies

10 months- 17 months with parent  
Enjoy songs, movement, exploration and interaction with your child.  
Wednesday 9:15-10:00 am

#### Steppers

18 months - 24 months with parent  
This class will prompt locomotor skills, coordination, balance, flexibility, strengthening and socialization.  
Wednesday 10:00-10:45 am

#### Climbers

2 years with parent  
This class will allow for the strengthening and development of skills through spatial awareness, balance skill, and muscle strengthening.  
Wednesday 10:45-11:30 am

#### Jumpers

2-3 years  
In this class, focus will be on balance, flexibility, and coordination.  
Monday 9:15-9:50 am

#### Twistin' Tikes

3-4 years  
This class will incorporate gymnastic skills, basic tumbling, balance, and flexibility.  
Monday 11:00-11:45 am  
Wednesday 2:00-2:45 pm

#### Springers

4-6 years  
This class will prepare and enhance the skills of a beginner gymnast for the next level.  
Wednesday 1:00-2:00 pm

#### Rockin' Roller

4-6 years+  
Children will work on basic gymnastics skills, focusing on safety and proper technique. Regulation size equipment will be used to develop balance, flexibility and coordination.  
4-6 years Wednesday 4:00-5:00 pm  
6 years+ Wednesday 5:00-6:00 pm