

SWIM, SPORTS AND PLAY

Dance and Gymnastics at Deer Path

Pre-Ballet

3-4 years

A wonderful introduction to the joy of dance for children with no experience. Combines the basics of ballet and creative movement.

Monday 12:45-1:30 pm
 Wednesday 10:30-11:15am
 Wednesday 4:00-4:45 pm



Ballet I/Tap

4-6 years

This class is designed for beginner level ballerinas that have some ballet experience from either Pre-Ballet class or another exposure.

Monday 5:00-6:00 pm
 Wednesday 1:15-2:15 pm
 Thursday 4:00-5:00 pm

Ballet II/Tap

6-8 year olds

This class is a continuation of Ballet I (or other similar class) with focus on building a combination of moves and small routines.
 Thursday 5:00-6:00 pm

Proper attire required for ballet - leotard, tights and ballet slippers.

Hip-Hop Kids

4-6 years

NEW!

Introduction to the fast paced movements of hip hop dance. Boys and girls will groove to age appropriate music and moves.

4-6 years Monday 1:30-2:30 pm

Jammin Gym Babies

10 months- 17 months with parent

Enjoy songs, movement, exploration and interaction with your child.

Tuesday 9:15-10:00 am

Steppers

18 months - 24 months with parent

This class will prompt locomotor skills, coordination, balance, flexibility, strengthening and socialization.

Tuesday 10:00-10:45 am

Climbers

2 years with parent

This class will allow for the strengthening and development of skills through spatial awareness, balance skill, and muscle strengthening.

Tuesday 10:55-11:40 am

Twistin' Tikes

3-4 years

This class will incorporate gymnastic skills, basic tumbling, balance, and flexibility.

Wednesday 1:30-2:30 pm

Springers

4-6 years

This class will prepare and enhance the skills of a beginner gymnast for the next level.

Wednesday 1:30-2:30 pm

Rockin' Roller

4-6 years+

Children will work on basic gymnastics skills, focusing on safety and proper technique.

Regulation size equipment will be used to develop balance, flexibility and coordination.

4-6 years Wednesday 4:00-5:00 pm

6 years+ Wednesday 5:00-6:00 pm

45 minute classes:

Registration By 2/29 After 2/29

Family Full Member:	\$37	\$42
Program Member:	\$60	\$65
Non-Member:	\$83	\$88

1 hour classes:

Registration By 2/29 After 2/29

Family Full Member:	\$42	\$47
Program Member:	\$65	\$70
Non-Member:	\$88	\$93

Questions? Contact Jen Plimpton at 908-782-1044 x 653 or jplimpton@hcyca.org