



Register online for all classes on this page

GYMNASTICS™

We build strong kids, strong families, strong communities.

TUMBLE FUN AND SPORTS CLASSES AT DEER PATH

JAMMIN GYM BABIES

10 months- 17 months with parent

Through songs, movement, exploration and interaction, children will become physically stronger, more balanced and socially active.

Thursday 9:15-10:00 am

CLIMBERS

2 years with parent

This class will allow for the strengthening and development of skills through spatial awareness, balance skill, and muscle strengthening.

Friday 9:30 - 10:15 am

JUMPERS

2-3 years

In this class focus will be on balance, flexibility, and coordination.

Wednesday 11:15-11:50 am

TWISTIN TIKES

3-4 years

This class will incorporate gymnastic skills development that includes basic tumbling, balance, flexibility and coordination. This class will also begin to do partner activities that encourage cooperation and friendship.

Tuesday 1:00-1:45 pm

Wednesday 9:30-10:15 am

SPRINGERS

4-6 years

This class will prepare and enhance the beginner gymnast's skills for the next level of development.

Tuesday 1:45 -2:45 pm

Wednesday 10:15-11:15 am

ROCKIN ROLLER

4-6 years+

Children will work on basic gymnastics skills and all over body strength and agility. Regulation size equipment will be used to develop balance, flexibility and coordination. Safety, proper technique and confidence are taught.

4-6 years Wednesday 4:00-5:00 pm

6 years+ Wednesday 5:00-6:00pm

TUMBLE AND SPORT CLASS

Children spend half the class working on tumbling skills such as balance, flexibility, coordination, and spatial awareness. The other half of class will be spent building a foundation in exercise and movement utilizing various pieces of sports equipment.

Parent Tot Tumble and Sports for 18 months - 2 year olds

Monday 9:15 - 10:00 am

Tumble and Sports for 2-3 year olds

Monday 10:00-10:35 am

Wednesday 12:00-12:35 pm

Tumble and Sports for 3-4 year olds

Friday 10:15 - 11:00 am

Tumble and Sports for 4-6 year olds

Wednesday 1:00-1:45 pm

Friday 11:00-11:45 am

YOUTH SUPER SPORTS AT DEER PATH

SNEAKER JAM

3-4 years

Energizing class designed to introduce children to exercise through a variety of sports and gym games. Kids will be ready for naptime after this class!

Monday 11:00-11:45 am

Friday 12:00-12:45 pm

ALL-SPORTS

4-6 years

Designed to introduce children to a variety of sports including soccer, basketball, T-ball, floor hockey and more!

Monday 1:00-2:00 pm

Tuesday 10:30-11:30 pm

GIRL POWER!

4-6 years

This course is specifically designed for girls. Sports covered include soccer, basketball, soft-ball, hockey, and much more. Go Girl Power!

Tuesday 9:30-10:30 pm

GAME TIME

4-6 years

This class is filled with all the old classic games. Various tag games, circle games, songs, challenges and much more.

Wednesday 5:00-6:00 pm

Fees for 35 & 45 minute classes: Fees for 1 hour classes:

Family Full Member: \$34 Family Full Member: \$39
Program Member: \$80 Program Member: \$85

QUESTIONS? Call Jen Black, Program Director at 908.782.1044 x653