



Register online

ROUND VALLEY YOUTH PROGRAMS

We build strong kids, strong families, strong communities.

DANCE CLASSES AT ROUND VALLEY



PARENT CHILD DANCE CLASS

2-4 years with parent

Help your little one begin an exciting journey into the world of dance. Children are encouraged to wear a leotard and ballet slippers. Parents are encouraged to wear comfortable movement clothes (no ballet slippers needed).

Tuesday 9:30-10:15 am

PRE-BALLET

3-4 years

This class is a wonderful introduction to the joy of dance. It is geared to children with no dance experience and combines the basics of ballet and creative movement. Recital will be performed on the last day of the seven week session.

Tuesday 10:15-11:00 am

Tuesday 3:00-3:45 pm

Friday 10:45-11:30 am

BALLET I/TAP

4-6 years

This class is designed for beginner level ballerinas that have some ballet experience from either Pre-Ballet class or another exposure. Recital will be performed at the end of the Spring I session, the week of April 12.

Tuesday 3:45-4:30 pm (No Tap)

Tuesday 4:30-5:30 pm

Friday 1:00-2:00 pm

BALLET II/TAP

6-8 year olds

This class is a continuation of Ballet I (or other exposure to ballet that included ballet fundamentals) with focus on building a combination of moves and small routines. If student is appropriate age but has no previous ballet experience, please contact instructor. Recital will be performed at the end of the Spring I session, the week of April 12.

Tuesday 5:30-6:30 pm

Proper attire required for ballet - leotard, tights and ballet slippers.

See
Dance Classes
at Deer Path on
page 15.

Fees for 45 minute classes:

Family Full Member: \$35

Program Member: \$81

Fees for 1 hour classes:

Family Full Member: \$40

Program Member: \$86

TEEN/YOUTH FITNESS CLASSES AT ROUND VALLEY

JAZZ & HIP HOP DANCE

8-14 years

This fast paced dance class teaches a variety of dance steps along with exercises and stretches in a friendly environment.

Thursday 6:30-7:30 pm

Full Members: Included

Program Members: \$85

YOGA KIDS

8-14 years

Discover the fun while you transform your body into cobras, lions, and butterflies. Experience greater flexibility, strength and balance!

Monday 5:30-6:15 pm

Full Members: Included

Program Members: \$85

KIDS BOOT CAMP

8-12 years

This class introduces children to a healthy lifestyle. Beginning with a little cardio workout, then alternating between various stations to improve cardiovascular endurance, and strength while having fun!

Tuesday 7:30-8:30 pm

Full Members: Included

Program Members: \$85

Full and Program members must register for teen/youth fitness classes.

QUESTIONS? Call Jen Black, Program Director at 908.782.1044 x653



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ROUND VALLEY YOUTH PROGRAMS

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KARATE KIDS AT ROUND VALLEY FOR BOYS AND GIRLS

KARATE KIDS

5-7 years

Students will have fun learning character skills and self-defense techniques in this martial arts-based program. Classes focus on physical development and mental concentration. Self-esteem, respect, and discipline are just some of the virtues taught.

Wednesday 3:45 - 4:30 pm

KARATE KIDS ADVANCED

5-7 years

Yellow stripes and up. Advanced classes will challenge students physically and improve character skills. Self-esteem, respect, and discipline continue to be taught. New techniques are introduced for those who have earned their new stripes.

Wednesday 4:30 - 5:15 pm

Family Full Member: \$45

Program Member: \$91

YOUTH SPORTS AND ENRICHMENT CLASSES AT ROUND VALLEY

JAMMIN GYM BABIES

10 months-17 months with parent

Through songs, movement, exploration, and interaction, children will become physically stronger, more balanced and socially active.

Friday 9:30-10:15 am

ROLLING RASCALS

18 months - 3 years with parent

Instructor-led activities include light stretching, guided discovery, obstacle courses and fun games.

Wednesday 9:30-10:15 am

TUMBLE AND SPORT CLASS

3-4 years

Children spend half the class working on tumbling skills such as balance, flexibility, coordination, and spatial awareness. The other half of class will be spent building a foundation in exercise and movement utilizing various pieces of sports equipment.

Thursday 1:00-1:45 pm

SPORTS AROUND THE WORLD

4-6 years

Each week children will explore sports that are played around the world. They will be filling up their passports with stamps from all the countries to which they have traveled.

Thursday 4:15-5:15 pm

MESSY ME

2 ½ - 3 ½ years

Creativity unlimited using play dough, shaving cream, jello, spray/splatter paint and more! And the mess stays with us! Wear old clothes; smocks provided.

Thursday 9:30-10:15 am

DESTINATION STATION

4-6 years

Children use their imaginations to visit outer space, a dude ranch, an African safari and more, through stories, songs, crafts and games.

Monday 4:00-5:00 pm

CREATION ALLEY

4-6 years

Potpourri of Adventures! Ooey-Gooey Science, Little Detectives, Digging for Fossils, T-shirt creations and more!

Thursday 10:30-11:15 am

Fees for 45 minute classes:

Family Full Member: \$35

Program Member: \$81

Fees for 1 hour classes:

Family Full Member: \$40

Program Member: \$86

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