

SWIM, SPORTS AND PLAY

Youth Classes at Round Valley

Parent Child Dance Class

2-4 years with parent
 Help your little one begin an exciting journey into the world of dance.

Tuesday 9:30-10:15 am

Pre-Ballet

3-4 years
 A wonderful introduction to the joy of dance for children with no experience. Combines the basics of ballet and creative movement.

Tuesday 10:15-11:00 am

Tuesday 3:00-3:45 pm

Ballet I/Tap

4-6 years
 This class is designed for beginner level ballerinas that have some ballet experience from either Pre-Ballet class or another exposure.

Tuesday 3:45-4:45 pm

Friday 1:00-2:00 pm

Ballet II/Tap

6-8 year olds
 This class is a continuation of Ballet I (or other similar class) with focus on building a combination of moves and small routines.

Tuesday 4:45-5:45 pm

Ballet III/Tap

9-12 year olds
 This class is a continuation of Ballet II (or other similar class). Ballet III will concentrate on developing ballet skills, refining techniques and learning new and extended combinations.

Tuesday 5:45-6:45 pm

Proper attire required for ballet - leotard, tights and ballet slippers.

45 minute dance classes:	
Family Full Member:	\$36
Program Member:	\$59
Non-Member:	\$82
1 hour dance classes:	
Family Full Member:	\$41
Program Member:	\$64
Non-Member:	\$87



Kids Zumba **NEW!**

8-14 years

Fuses latin rhythms and easy to follow moves to create fun and excitement.

Full Members only.

Wednesday 6:30-7:00 pm

Yoga Kids

8-14 years

Discover the fun while you transform your body into cobras, lions, and butterflies. Experience greater flexibility, strength and balance!

Monday 5:30-6:15 pm

Kids Boot Camp

8-12 years

This class introduces children to a healthy lifestyle. Beginning with a little cardio workout, then alternating between various stations to improve cardiovascular endurance, and strength while having fun!

Thursday 6:30-7:30 pm

Registration required for youth fitness classes.

Yoga Kids & Kids Boot Camp:	
Family Full Member:	Included
Program Member:	\$64
Non-Member:	\$87

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Youth Classes at Round Valley

Babies in Motion

NEW!

Crawlers to 2 years, with parent
Introduces crawlers and barely walkers to gross motor and language skills through soft play gym equipment, music, bubbles and parachutes.
Friday 9:15-10:00 pm

Tots in Motion

NEW!

2-3 years, with parent
Activities to help develop balance, coordination, and flexibility using gym equipment, bean bags, hula hoops, parachutes, and fun music.
Friday 10:00-10:45 am

Kidz in Motion

NEW!

3-5 years
Aerobics, balance, coordination, flexibility, relays and fun games.
Wednesday 9:15-10:15 am

Little Wizards

NEW!

3-4 years
Explore the amazing world of chemical reactions, potions, and hocus-pocus with these wild and wacky science experiments. Children will receive a science journal and website to continue science adventures
Friday 1:00-2:00 pm

Twistin' Tikes

NEW!

3-5 years
This class will incorporate gymnastic skills development that includes basic tumbling, balance, flexibility and coordination.
Thursday 4:15-5:15 pm

Sports Around the World

4-6 years
Each week children will explore sports that are played around the world. They will be filling up their passports with stamps from all the countries to which they have traveled.
Wednesday 10:30-11:30 am

Messy Me

2 1/2 - 3 1/2 years
Creativity unlimited using play dough, shaving cream, jello, spray/splatter paint and more! And the mess stays with us! Wear old clothes; smocks provided.
Thursday 9:30-10:15 am

Destination Station

3-5 years
Children use their imaginations to visit outer space, a dude ranch, an African safari and more, through stories, songs, crafts and games.
Monday 3:15-4:00 pm

Creation Alley

4-6 years
Potpourri of Adventures! Ooey-Goey Science, Little Detectives, Digging for Fossils, T-shirt creations and more!
Thursday 10:15-11:15 am

Sneaker Jam

3-5 years
Energizing class designed to introduce children to exercise through a variety of sports and gym games.
Thursday 12:30-1:15 pm

Let's Get Physical

4-6 years
Instructors will lead children through a variety of gym games, sports and gymnastics.
Monday 4:15-5:15 pm

45 minute classes:		1 hour classes:	
Family Full Member:	\$36	Family Full Member:	\$41
Program Member:	\$59	Program Member:	\$64
Non-Member:	\$82	Non-Member:	\$87