

YMCA Pool Schedule Effective January 9 - February 25, 2012

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:15 - 8:00 am	FITNESS 5 LANES 1 Rec Lane	FITNESS 4 LANES	FITNESS 5 LANES 1 Rec Lane	FITNESS 5 LANES	FITNESS 3 LANES Swim Team 5:15-6:45 (2)
8:00 - 9:00 am	FITNESS 3 LANES AQUACIZE	FITNESS 5 LANES 1 Rec Lane	FITNESS 3 LANES AQUACIZE	Fitness 5 Lanes 1 Rec Lane	FITNESS 3 LANES AQUACIZE
9:00 - 11:30 am	Fitness 2 Lanes Aquacize Swim Classes	Fitness 1 Lanes Aquacize Swim Classes	Fitness 2 Lanes Aquacize Swim Classes	Fitness 1 Lanes Aquacize Swim Classes	Fitness 2 Lanes Aquacize Swim Classes
11:30-1 pm	Fitness 2 Lanes Rec 2 lanes	Fitness 2 Lanes/2Rec Senior Swim	Fitness 3 Lanes Recreation 2 Lanes	Fitness 3 Lanes/2Rec Senior Swim	Fitness 3 Lanes Rec 2 Lanes
1 - 2:30 pm	FITNESS 2 Lanes Rec 2 Lanes Swim class	FITNESS 2 Lanes Rec 2 lane Swim classes	FITNESS 3 Lanes Rec 1 Lane Swim class	FITNESS 2 Lanes Rec 1 lane Swim classe	FITNESS 2 Lanes Rec 2 Lane swim classes
2:30-4 pm	Swim Team 4 Lanes Fitness 1 Lane Rec 1 Lane	Swim Team 4 Lanes Fitness 1 Lane Rec 1 Lane	Swim Team 4 Lanes Fitness 1 Lane Rec 1 Lane	Swim Team 4 Lanes Fitness 1 Lane Rec 1 Lane	Swim Team 4 Lanes Fitness 1 Lane Rec 1 Lane
4:00-4:45 pm	FITNESS 1 Lane Swim Classes 1 Rec lane	FITNESS 1 Lane Swim Classes Swim Team	FITNESS 1 Lane Swim Classes 1 Rec lane	FITNESS 1 Lane Swim Classes Swim Team	Fitness 1 Lane Swim Lessons
4:45-5:30 pm	FITNESS 1 Lane Swim Classes Special O	FITNESS 1 Lane Swim Classes Swim Team	Fitness 1 Lane Swim Classes	FITNESS 1 Lane Swim Classes Swim Team	Fitness 1 Lane Swim Classes
5:30-6:15pm	Fitness 2 Lanes Swim Team	FITNESS 1 Lane Swim Team	Fitness 2 Lanes Swim Team	FITNESS 1 Lane Swim Team	Fitness 1 Lane Swim Team
6:15-7:00 pm	Fitness 1 Lane Swim Team	Fitness 1 Lane Swim Team	Fitness 1 Lane Swim Team	Fitness 1 Lane Swim Team	Fitness 1 Lane Swim Team
7:00-8:00 pm	FITNESS 1 Lane Swim Team	FITNESS 1 Lane Swim Classes	FITNESS 1 Lanes Swim Team	FITNESS 1 Lanes Swim Classes	FITNESS 1 Lane Swim Team
8:00-9:00 pm	FITNESS 3 Lane 1 Rec Lanes	FITNESS 1 lane Swim Class/Aquafit Rec Swim	FITNESS 3 Lanes Swim Classes Rec 1 lane	Fitness 1 Lane Swim Class/Aquafit Rec Swim	Fitness 3 Lanes Rec 3 Lanes
9-10:00 pm	FITNESS 3 Lanes 3 Rec Lanes	Fitness 3 LANES Rec 3 Lanes	FITNESS 3 Lanes Rec 2 Lanes	FITNESS 3 Lanes 3 Rec Lanes	FITNESS 3 Lanes Recreation 3 Lanes

YMCA BUILDING HOURS
MONDAY THRU FRIDAY 5:15 am - 10:00 pm
SATURDAY 6:00 am - 8:00 pm
SUNDAY 6:00 am - 8 pm
POOL SCHEDULE IS SUBJECT TO SEASONAL PROGRAM CHANGES
SATURDAY 6:00am-7:00am - 6 Fitness lanes 7am-8am - 5 Fitness Lanes 8:00am-9am 4 Fit Lanes/ Classes 9am-10 - 1 Fit Lane/ Classes 11am - 11:45 am - NO FIT LANE 11:45 - 12:45 pm - 1 Fit Lane/Classes 12:45pm - 8 pm 2 Lap Lanes 2 Rec Lanes 1 Lane Scuba
Sunday 6 am-7 am - 3 Fitness, 2- Rec Lanes 7 am - 9 am swim team 3 lanes/2 Fit 9 am - 11 am swim class/ 2 Fit Lanes 11 am - 5 pm - 2 fit/ 2 rec/lifeguard class 5 pm - 8 pm Swim Team /1 Fit lane
Swim Team Schedule 1/9 - 2/25/2012 Mon/Wed - 5:30pm-6:15 pm 4 Lanes Mon/Wed -6:15 pm- 8 pm 5 Lanes Tuesday/Thursday 5:30-7 pm 5 Lanes Friday 5:15 am - 6:45 am 2 Lanes Friday 5:30-8 pm 5 Lanes Sunday 5:00 pm - 8:00 pm - whole pool Sunday 7 am - 9 am 3 Lanes
High School Swim Team Schedule Mon-Friday 2:30-4pm 4 lanes on the following days 1/9, 1/11, 1/13, 1/27, 1/18, 1/20 1/23, 1/25, 1/26, 1/30, 1/31, 2/1 through 2/24 every day